

Blue Ridge Yoga is honored to present:

A special evening with Jarvis Chen

Wednesday August 4, 6-8:30pm

Cost: \$35

Jarvis Chen is a certified Iyengar teacher who lives, practices, and teaches in Boston. His primary teacher is Patricia Walden, whom he assists regularly in classes and workshops. He travels to India regularly to study with B.K.S., Geeta, and Prashant Iyengar. As a teacher, Jarvis combines precision and clarity of instruction with humor and a heartfelt sense of devotion. In 2008 he was named by *Yoga Journal* as one of 25 yoga teachers under the age of 40 who are shaping the future of yoga. He just spent this past June studying at the Iyengar Yoga Institute in Pune, India.

This class is appropriate for students who have completed one full course of Level I or I-II Iyengar yoga classes

For additional information or to register, please contact: Blue Ridge Yoga at 434.971.9642 or email: info@blueridgeyoga.com

Registration Form:

Name: _____

Phone number (important): _____

Email: _____

Please mail to or drop by: 1717-2A Allied St., Charlottesville, VA 22903